



IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

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Applicant: Krull Art Unit: 3764  
Serial No.: 10/824,338 Examiner: Mathew  
Filed: 04/13/04  
Title: ADJUSTABLE WEIGHT EXERCISE METHODS AND APPARATUS  
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Certificate of Mailing

I hereby certify that this AMENDMENT AND RESPONSE is being sent via First Class mail, postage prepaid, to the Commissioner for Patents, P.O. Box 1450, Alexandria, VA 22313-1450, on this 28th day of November, 2005.

MAK  
Mark A. Krull

AMENDMENT AND RESPONSE

Commissioner for Patents  
P.O. Box 1450  
Alexandria, VA 22313-1450

Dear Sir:

Introduction

This Amendment and Response is being submitted in reply to the Office Action dated July 26, 2005.

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